



NORTH BERWICK COLTS – August 2009

North Berwick Boys & Girls Club – commonly known as the North Berwick Colts – was founded by local residents 15 years ago, to ensure local children are given the opportunity to experience and enjoy football. The Club is run entirely by parents who now coach around 300 boys and girls every weekend. Background, pictures and up-to-date news about the Colts (including many match reports) are all contained on the Colts own website, nbc Colts.co.uk

The Club’s coaches are encouraged to attend SFA training courses which promote the following:-

- Ensure **children have fun** and avoid over emphasis on competition.
- Maintain interest by offering **realistic and relevant practices**.
- **Involve all** as far as possible, regardless of ability.
- **Develop skills** by playing the small-sided game and progress to 11 a side games.

Coaching sessions take place at various times throughout the school terms, and can be confirmed by contacting the Group Leader as follows :-

<u>Year</u>	<u>Venue</u>	<u>Group Leader</u>	<u>Contact number.</u>
1993	Rec Park / Astro	Dave Miller	895344
1995	Rec Park / Astro	Billy Wilson	892695
1996	Rec Park / Astro	Marc Burrows	890737
1997	Rec Park / Astro	Keith Hogg	0783 1515062
1998	Rec Park / Astro	Andy Lorimer	894910
1999	Rec Park / Astro	Dougie Thomson	895426
2000	Rec Park / Astro	David Milne	892306
2001	Rec Park / Astro	David Purves	894797
2002	Sports Centre	Scott Wallace	843582
2003	Sports Centre	Alan Walter	894971
2004	Sports Centre	tbc	

Children at the Recreation Park require football boots, shin guards and **suitable clothing** for the weather. Older age groups play regular fixtures, at which time players are asked to provide their own black shorts and socks to compliment the strips provided by the Club. Younger children attending the indoor and astroturf sessions should wear suitable training shoes.

The following help from parents would be greatly welcomed:

- Ensure that the Club is made aware of any **relevant medical condition**. (Some youngsters suffer from a serious nut allergy, so **no nut-based products at training please!**)
- Please ensure that your child **knows to listen carefully to their coaches and to do what they are told**. (Coaches are dealing with large numbers of enthusiastic children.)
- **Be available** when youngsters are attending the Club, and ensure that your **child is collected promptly** at the end of each session. **Help with transporting players** to games.
- **Please pay subscriptions promptly**. (Cash or cheque in an envelope, to the Group Leader, showing your child’s name on the outside of the envelope.)
- **If you wish to help out as a coach** or you have **any suggestions or comments** about the Club, please don’t be shy – let the existing group leaders and coaches know !



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The subs are now due for the 2009/10 season – this is paid in 1 instalment of £50 for the season.

Child's Surname: _____ Forename: _____ Tel: _____

Address: _____ DOB: _____

Parental E-mail address (if available): _____

Any relevant medical condition: _____

I enclose the fee of £50 paid by: CASH CHEQUE (cheques payable to 'North Berwick Colts')

I give my consent and permission:-

1. for my child to appear in team / training photographs and for those photographs to be reproduced by the Colts in such manner as they deem appropriate (always in line with the guidelines contained in the SYFA Player Protection Policy)
2. for my child to travel with the Colts on any authorised Club activities
3. to the relevant official of the Colts to make such emergency decisions as necessary with regard to the treatment of any medical condition or injury received during Club activities until such time as I can be contacted

Signed: _____ (parent / guardian) Date: _____

Print Name _____

Tel No./Mobile No. _____

Address (if different from above) _____
