

### Theme: Short Passing

#### Drill

**Set Up:** An inner box (approx 10 x 10) and an outer box (approx 30 x 30). One Player placed at each cone, 2 to 3 Players placed at cone 1 – see diagram.

**Objective:** Player 1 (red) passes to Player 2 to lay off for Player 3 to complete pass sequence to Player 4. On reception of the ball Player 4 dribbles across to join the back of the yellow group. Players (yellow) repeat down the other side.

**Variation:** Introduce a 2<sup>nd</sup> ball and both sides go simultaneously. Introduce pass from 4 to 1.

**Technique:** Movement to receive / weight and angle of pass / Touch inside of back foot / Open up / follow through on line of intended pass.

#### Development Activity

**Set Up:** Field approx 30 by 20 with 4 v 4 or 5 v 5 in middle, each team has 1 target player off the field.

**Objective:** Short accurate passes to regain possession. Point is scored when accurate pass is played through to target player.

**Variation:** Additional points for agreed number (i.e. 6) of successive passes. Team that scores regain possession and look to score at opposite end.

**Technique:** As Drill, also quality of 1<sup>st</sup> touch will set up appropriate pass.

#### Group Play

**Set Up:** Field approx 30 x 20 with Goals (GK'S optional) – equal numbers in middle area with end Players.

**Objective:** **Team in possession play sharp accurate passes to** create goalscoring opportunities. Attacking team can use end players to create numerical advantage – end players are restricted to 2 touches maximum.

**Variation:** Scoring team may retain possession and cannot score until opposing team equalise or a set time has lapsed (e.g. 2 – 3mins). Rotate end players regularly.

FREE PLAY TO FINISH!

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