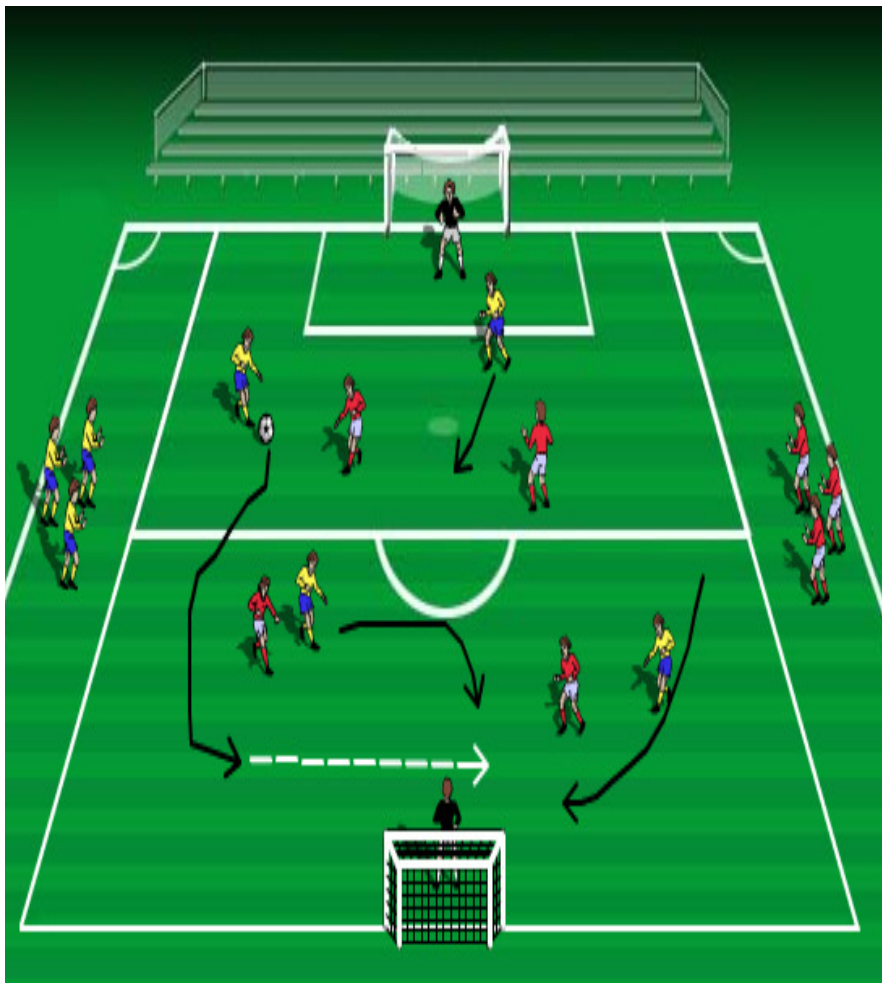


Theme: Futsal

Description

Futsal is a great way for children to develop modern football skills and improve their technique through the winter months. The game helps develop fast, quick thinking, skilful Players. The game is played indoors to touchlines not walls, making Players use drag backs and other skills to utilise space, retain possession and create goal scoring opportunities. With 4 v 4 (+ Goalkeepers) it is the optimum number of Players to enhance skill and technique.



Futsal Develops Skills That Are Realistic

- Motor Ability – balance, agility and coordination.
- Perception – insight, awareness and vision.
- Problem solving – choices and decisions.
- Physical – fitness.
- Psychological domain – fun, enjoyment and competition.
- Learning – discovery, trial and error, repetition, playing.

Check out www.footballcentral.org for more information on Futsal

